



Canteen Menu

Open
Monday,
Wednesday,
Thursday & Friday
(Undercover area)

Ordering
Simply order online
through Quickcliq
quickcliq.com.au
or
drop your order into
the canteen
between
8.30am and 9.00am

Contact

CJ Burwood
0480 193 974

Term 4
2020

RECESS ONLY

Seasonal fruit & yoghurt	\$ 1.00
Assorted home baked treats	\$ 1.00
Large Cheesie	\$ 1.00

POPULAR LUNCH ITEMS

Sandwiches

Vegemite, Cheese or Ham	\$ 3.00
Chicken or Tuna	\$ 3.50
Egg & Salad	\$ 3.50
Ham & Salad	\$ 4.00
Chicken & Salad	\$ 4.00

Salad includes lettuce, tomato & carrot,

- Add 50c extra for cheese, cucumber, beetroot or toasted

GLUTEN FREE BREAD AVAILABLE

Toasties

Baked Beans or Spaghetti	\$ 3.50
Ham & Cheese	\$ 4.00
Ham, Cheese & Tomato	\$ 4.50
Chicken & Cheese	\$ 4.50

- Add 50c extra for cheese, lettuce, or tomato

GLUTEN FREE BREAD AVAILABLE

EVERDAY MENU

Nachos	\$ 3.50
Add Beef \$1.00 or Chicken \$1.00	
Garden Salad with Chicken	\$ 4.00
Add 20c extra for cutlery	

After lunch treats

A small range of after lunch snacks are available for purchase over the counter – prices range from \$1.00 to \$2.50

Drinks

A small range of drinks are available for purchase – prices range from \$1.50 to \$2.50

SPECIAL MENU ITEMS

Monday

Homemade Sausage Roll	\$ 3.00
Gluten Free Sausage Roll	\$ 4.00
Homemade Pulled Beef Pillows	\$ 3.50

Wednesday

CJ's Cheesy Beef Arancini	\$5.00
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Thursday

CJ's Vegetarian Fried Noodles	\$4.50
CJ's Chicken Fried Rice	\$5.00

Friday

Pizza (Vegetarian, BBQ, Ham)	\$ 5.00
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Healthy Eating Guidelines

West Leeming Primary School P&C's Canteen Service complies with the Department of Education's Healthy Food and Drink Policy and our menu is based on the traffic light system. This system rates food according to their nutritional value as per fat, sugar and salt content.



RED FOODS

Are not offered on our menu

AMBER FOODS

Have been carefully selected and are only offered in limited amounts

GREEN FOODS

Are everyday foods low in fat, sugar and salt and make up the bulk of our menu.

Making Sustainable choices

West Leeming Primary School P&C's Canteen Service is working to improve its sustainability practices and will be changing its use of packaging to products with less contribution to landfill and waste.



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